

Earthbound Expeditions

Atlas Valley Trek

3 days, from US$319 per person

Duration	Group size	Country
3 days	**15 people**	**Morocco**

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Atlas Valley Trek Overview

A 3-day trek in Morocco's High Atlas from Marrakech, through the Berber villages of Tinzert and the Azzaden Valley, and over Tizi n Mzik to Imlil.

In Morocco you can explore both the Atlas Mountains and the Sahara Desert on the same trip.

A trek of this kind can take you from the city of Marrakech through the High Atlas mountain range, before dropping down into the arid Sahara Desert. Along the way you can explore the homelands of the Berber tribes and climb the highest mountain in North Africa. You will see local settlements and Berber culture, experience the flora and fauna of Morocco (including riding camels into the desert), and see the North African countryside.

This is an easy to moderate 3-day trek through the Berber villages and valleys of Imlil and Azzaden, where you meet the Berber community.

It is suitable for families with children and for older travellers. The route is comfortable for riding a mule as well as for walking, and it crosses a scenic mountain pass and villages, giving an overview of a typical, traditional valley.
For more adventurous travellers, the days can be extended to cover longer distances and climb side peaks throughout the trek.

Itinerary

Day 1

Marrakech to Imi Oughlad and trek to Tinzert

You leave the vehicle at Imi Oughlad (1,450m), on the road up towards Imlil, where you meet your Berber muleteer and guide. The first day is an easier acclimatisation trek in Ouirgane National Park. The terrain here is gentler, with copper-green soil and juniper trees. Overnight in a gîte in Tinzert, a small, rustic Berber village. Approximately 4 hours of walking.

Altitude: 1,400 m On foot: 4 hrs Night: Guesthouse, Tinzert Meals: Breakfast, Lunch, Dinner

Day 2

Trek from Tinzert to the Azzaden Valley (Ait Aissa)

After breakfast you head up and out of the valley and cross over to the Azzaden Valley. The views open up to a mountain stream and walnut groves, leading up towards Toubkal and its neighbouring peaks at the head of the valley. Overnight in a village gîte in Ait Aissa. Approximately 5 to 6 hours of walking.

Altitude: 1,800 m On foot: 5–6 hrs Night: Guesthouse, Ait Aissa Meals: Breakfast, Lunch, Dinner

Day 3

Trek from Ait Aissa over Tizi n Mzik to Imlil

Today involves a long climb out of the Azzaden Valley. You head up the valley towards Tizi Oussem, then up to the pass at Tizi n Mzik (2,489m), before descending into Imlil. After lunch in Imlil you are transferred back to Marrakech, which leaves plenty of time to explore the city in the evening. Approximately 4 to 5 hours of walking.

Altitude: 470 m On foot: 4–5 hrs Night: Hotel, Marrakech Meals: Breakfast, Lunch

Atlas Valley Trek Cost and What's Included

- English-speaking guide and cook
- Muleteers and mules for luggage
- Full board on the trek, with mineral water, coffee and tea
- Accommodation in mountain huts
- Ground transfers by minibus or taxi (hotel to trek to hotel)
- Mess, cooking and toilet tents (camping option)

Not included

- Travel insurance
- Soft and alcoholic drinks
- Tips and personal expenses

Photos, videos and reviews of this trip: enepaltrekking.com/atlas-valley-trek