



Earthbound Expeditions

Multi Country Tours, South East Asia

22 days, from US\$3,587 per person

Duration

22 days

Group size

No limit

Country

Thailand

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Multi Country Tours, South East Asia Overview

A tour of Thailand, Laos, Cambodia, Vietnam and Myanmar, starting and ending in Bangkok.

This trip makes a circuit of South East Asia, visiting Thailand, Laos, Cambodia, Vietnam and Myanmar, starting and ending in Bangkok.

Join Earthbound Expeditions on this tour of the highlights of Thailand, Laos, Cambodia, Vietnam and Myanmar. It combines World Heritage Sites, natural landmarks, small villages and some of the best shopping in the world in one trip, along with the local food and drink.

You see the natural beauty of Ha Long Bay and the Mekong Delta (Vietnam), the mountains of Laos, the floating farms and villages of Inle Lake (Myanmar) and long stretches of beach. You visit the ancient temple sites of Angkor Wat (the largest temple in the world) and Bagan (with over 3,100 temples and stupas in one place).

You have time to relax in Luang Prabang (Laos), where you can watch the monks collecting alms, and in Hoi An (Vietnam), where we recommend trying the local coffee and tea. You visit many temples decorated in gold, shop at the night markets in Luang Prabang (Laos) and Siem Reap (Cambodia), and experience modern Asia in Saigon, Hanoi and Bangkok.

If you plan to shop a lot, bring an extra suitcase for the garment district of Bangkok and the shopping districts of Hanoi and Saigon.

At every stop you can enjoy the local cuisine and plenty of fresh fruit. We especially recommend Chon coffee in Vietnam and the local teas across South East Asia.

After a long day of touring, you can book a spa treatment. South East Asia is known for its massage and Ayurvedic spa treatments.

This trip offers a broad introduction to the region in a single journey.

Highlights

Thailand: The Grand Palace, the Golden Mount, shopping and spa treatments. Optional additions: Ayutthaya, Chiang Mai, the floating markets, Chiang Rai, or Phuket (or other beach stays).

Laos: The temples of Luang Prabang and the monks collecting alms. Optional additions: the night market, Kuang Si Falls and a tour of the hill tribes.

Cambodia: Angkor Wat and the market of Siem Reap. Optional additions: extra days at Angkor Wat and a tour of Tonle Sap Lake.

Vietnam: Halong Bay, the sites of Hanoi, tours of Hoi An and Hue, a Mekong Delta tour, the sites of Saigon and shopping. Optional additions: a visit to Da Nang, a beach stay and extra days at any location.

Myanmar: The Shwedagon Pagoda in Yangon, the temples of Bagan, the historic capital of Mandalay and the floating farms and villages of Inle Lake. Optional additions: a tour of the Golden Rock, a beach stay on the Myanmar coast and extra days at any location.

You can also add a trek in Nepal with views of the Himalayas, a tour of historic India, or an extension to Bali, Indonesia.

For enquiries, please email us at earthbound@wlink.com.np

This itinerary can be customised to suit your travel needs and schedule.

Itinerary

Day 1

Arrive in Bangkok

Arrive in Bangkok. Free time. We suggest shopping and trying the local food, and perhaps an Asian craft beer.

Altitude: 2 m On foot: None, arrival day Night: Hotel, Bangkok Meals: None

Day 2

Grand Palace tour and flight to Luang Prabang, Laos

Tour of the Grand Palace in the morning, then an afternoon flight to Luang Prabang. You are met on arrival and check in to your hotel. Free time to explore this small, historic city. We suggest shopping at the night market and dinner in the town centre or along the river.

Altitude: 300 m On foot: Easy walking, 2–3 hrs Night: Hotel, Luang Prabang Meals: Breakfast

Day 3

Luang Prabang morning tour and afternoon flight to Siem Reap, Cambodia

An early start to watch the monks collecting alms in the streets. Morning tour of the temples and palace, lunch at a local restaurant, and an afternoon flight to Siem Reap. You are met on arrival and check in to your hotel in Siem Reap. Free time. We recommend shopping at the night market and dinner on Pub Street.

Altitude: 20 m On foot: Easy walking, 2–3 hrs Night: Hotel, Siem Reap Meals: Breakfast

Day 4

Siem Reap: morning sightseeing and free afternoon

Morning tour of the Angkor Wat temple complex. In the afternoon, you can continue touring Angkor Wat or have free time to explore Siem Reap. We recommend an evening massage or spa treatment after a long day of sightseeing.

Altitude: 20 m On foot: Easy walking, 3–4 hrs Night: Hotel, Siem Reap Meals: Breakfast

Day 5

Morning flight to Saigon, Vietnam, and free afternoon

Morning flight to Saigon. You are met on arrival and check in to your hotel. Free afternoon. We recommend shopping and trying the local food, and there is also a night market.

Altitude: 20 m On foot: None, flight day Night: Hotel, Ho Chi Minh City Meals: Breakfast

Day 6

Saigon: day trip to the Mekong Delta and city landmarks

Morning trip to the Mekong Delta and an afternoon tour of the city's main landmarks. We recommend trying the local fruit, honey and sweets in the Mekong Delta.

Altitude: 20 m On foot: Easy walking, 2–3 hrs Night: Hotel, Ho Chi Minh City Meals: Breakfast

Day 7

Fly from Saigon to Da Nang, drive to Hoi An and walk the old town

Morning flight to Da Nang and drive to Hoi An. Afternoon walking tour of historic Hoi An.

Altitude: 5 m On foot: Easy walking, 2–3 hrs Night: Hotel, Hoi An Meals: Breakfast

Day 8

Explore Hoi An

Walking tour of historic Hoi An. We recommend trying the local coffee with seasonal fruit at a café by the river.

Altitude: 5 m On foot: Easy walking, 2–3 hrs Night: Hotel, Hoi An Meals: Breakfast

Day 9

Drive from Hoi An to Hue

Morning drive to Hue, stopping at sites along the way. You check in to your hotel on arrival. Free evening to explore Hue on your own.

Altitude: 10 m On foot: None, 3–4 hr drive Night: Hotel, Hue Meals: Breakfast

Day 10

Hue morning city tour and afternoon flight to Hanoi

Morning tour of the main landmarks of Hue. Afternoon drive to Da Nang and flight to Hanoi.

Altitude: 20 m On foot: Easy walking, 2–3 hrs Night: Hotel, Hanoi Meals: Breakfast

Day 11

Hanoi morning city tour and free afternoon

An early morning walk around the city centre, followed by a morning tour of the main landmarks of Hanoi. Free time for shopping or exploring the city on your own. We recommend coffee at a local coffee shop (you might try Chon coffee).

Altitude: 20 m On foot: Easy walking, 2–3 hrs Night: Hotel, Hanoi Meals: Breakfast

Day 12

Day trip from Hanoi to Halong Bay

Morning drive to Halong Bay. Boat trip with lunch around Halong Bay and a visit to the limestone caves. Return to Hanoi in the evening.

Altitude: 20 m On foot: Easy walking, 1–2 hrs Night: Hotel, Hanoi Meals: Breakfast, Lunch

Day 13

Hanoi and evening flight to Yangon, Myanmar

In the morning, you can continue touring the landmarks of Hanoi or have free time for shopping and exploring on your own. Evening flight to Yangon, Myanmar. You are met on arrival and check in to your hotel.

Altitude: 30 m On foot: Optional 2–3 hrs Night: Hotel, Yangon Meals: Breakfast

Day 14

Yangon half-day city tour

Morning tour of the Shwedagon Pagoda and selected sites around Yangon. Free evening. We recommend an evening visit to the Shwedagon Pagoda and dinner in the city centre.

Altitude: 30 m On foot: Easy walking, 2–3 hrs Night: Hotel, Yangon Meals: Breakfast

Day 15

Fly from Yangon to Mandalay

Morning flight to Mandalay. You are met on arrival and check in to your hotel. Free afternoon to explore Mandalay.

Altitude: 80 m On foot: None, flight day Night: Hotel, Mandalay Meals: Breakfast

Day 16

Mandalay city tour

Tour of the Mandalay Palace and the landmarks of Mandalay.

Altitude: 80 m On foot: Easy walking, 2–3 hrs Night: Hotel, Mandalay Meals: Breakfast

Day 17

Fly from Mandalay to Bagan

Morning flight to Bagan. You are met on arrival and check in to your hotel. A short tour of some of the temples, pagodas and stupas of Bagan. Weather permitting, you watch the sunset over Bagan.

Altitude: 50 m On foot: Easy walking, 1–2 hrs Night: Hotel, Bagan Meals: Breakfast

Day 18

Bagan sightseeing

Weather permitting, an early start to watch the sunrise over Bagan. Full-day tour of the temples, pagodas and stupas of Bagan, with a stop at a lacquerware workshop.

Altitude: 50 m On foot: Easy walking, 3–4 hrs Night: Hotel, Bagan Meals: Breakfast

Day 19

Fly from Bagan to Heho and travel to Inle Lake

Morning flight to Heho and drive to Nyaungshwe, then a boat ride to the hotel on Inle Lake, stopping at sites along the way. You check in to your hotel on arrival.

Altitude: 880 m On foot: Easy walking, 1–2 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 20

Boat trip on Inle Lake

Full-day tour of the floating farms and villages on Inle Lake, with opportunities for shopping and trying the local food.

Altitude: 880 m On foot: Easy walking, 1–2 hrs Night: Hotel, Inle Lake Meals: Breakfast

Day 21

Fly from Heho to Yangon and on to Bangkok

Early morning boat trip to Nyaungshwe, drive to Heho, flight to Yangon and connecting flight to Bangkok. You are met on arrival and check in to your hotel. Free time for shopping and exploring Bangkok. The shopping districts stay open late.

Altitude: 2 m On foot: None, flight day Night: Hotel, Bangkok Meals: Breakfast

Day 22

Departure, or extend your stay in Bangkok

Departure.

Altitude: 2 m On foot: None, departure day Night: No overnight Meals: Breakfast

Photos, videos and reviews of this trip: enepaltrekking.com/south-east-asia-tour